




Dental Implants and Proper Care Dr.Sahar Rakhshanfar, DDS

Proper Care

Your dentist will give you specific instructions on how to care for your new implants. Special cleaning procedures will be necessary during your regular cleaning visits to ensure that you retain healthy gums. Periodic inspection of the implant to bone connection must be done using x-rays.

The better care you take of your implants, the more satisfied you will be with the results

It is Important to Brush and floss around your implants! Ask your Dental Hygienist for Instructions!



What is a Dental Implant?

A dental implant is an artificial tooth root inserted in the mouth usually involving a two-step procedure. First, a small titanium screw or surgical post is placed beneath the gum into the jawbone. This is always done under local anaesthesia in the dental office. Then a few months following the placement, an abutment or post which will hold the tooth in place is attached to the screw. Finally, a crown, or replacement tooth is attached to the abutment after all healing is complete. Implants can be used to replace a single tooth, support a bridge to replace several missing teeth.

What are implants made of?

Implants are made from titanium. All implant materials are compatible with body tissue and are placed in the jawbone like natural roots. Titanium integrates with the jawbone to give a firm support to the artificial replacement that it will support. There are different types, sizes and shapes of implants used according to the needs of the patient

How long does the process take?

The procedure can take from four to eight months to complete; however, each patient heals differently so times will vary. Once the healing process is completed, it will take approximately 2 weeks to fit the implant with a replacement tooth.

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How do I know if I am a candidate for an implant?

You must be in good health and have the proper bone structure and healthy gums for the implant to stay in place. If you do not have enough bone, you may be able to have bone added to allow for implant placement. People who are unable to wear complete dentures may also be good candidates. If you suffer from chronic problems such as clenching or grinding or systemic diseases such as diabetes, the success rate for implants decreases. People who smoke or drink heavily may also not be good candidates. Your dentist and oral surgeon can evaluate your situation to determine if dental implants are the best option for you.

Risks Associated with Implants

Complications are rare with implant procedures. When infections or other complications occur, medication or surgical intervention may be performed to treat it.

Dental implants

Implants are a popular option for replacing lost teeth. If you are missing a tooth, it should be replaced in order to restore your smile, regain your chewing ability and prevent other teeth from shifting. Your dentist may recommend replacing your lost tooth with a dental implant. They are an alternative to bridges, partials or dentures. Implants are comfortable, attractive and can look and feel like natural teeth. They will preserve the level of the bone and eliminate the negative results of tooth loss.

If you have any questions or concerns about the fit of your implants please contact the office at **905-508-2244** and we will be pleased to help you.